

# Ohana Group Study Questions

(Everyday Battles Week 4)

Shield Of Faith

## QUICK REVIEW

1. In the message from this weekend, what Scripture or particular point encouraged you, challenged you or stood out to you most? Why? (*Or from the video*)
2. Why do you think Paul says, “**above all** take up the shield of faith”? Why would the shield of faith be the most important part of our spiritual armor?

## DIGGING DEEPER

Read *Ephesians 6:10-15*

3. What is faith? How is faith expressed in your daily life?
4. How is the object of our faith different than that of our secular culture?
5. We live our lives in a spiritual battle. We will face hardship, opposition, deceit, temptations etc. What must be our focus in the midst of all of this? Jan pointed out in Scripture that our object of faith has to be on Jesus alone. How do you daily fix your eyes on Jesus? (Read out loud together Hebrews 12:1-2)

## TAKING IT HOME

6. Go around and share what spiritual disciplines are currently strong in your life and what spiritual disciplines you want to see grow in your life? (Spiritual disciplines are those practices found in Scripture that promote spiritual growth among believers in the gospel of Jesus Christ. For example: Prayer, Bible reading, Scripture memory, Fasting, Devotions, Worship, etc.)
7. Just as muscle is strengthened through use, we must exercise our faith in order to grow. Is there certain areas of your life that are harder for you to trust God with? Or cultural pressures that make it hard for you to stand in faith? How might you strengthen

your faith in those different areas? (prayer, sharing your faith, finances, relationships, work, health, the future etc.)

## PRAYER REQUESTS & PRAISES