

## Everyday Battles Facilitator Guide Week 4 “Shield of Faith”

### Suggested Format:

- Welcome/Fellowship
- Pray
- Brief Introduction to Series (*Feel free to use as much or as little of the Leader Guide & Discussion Guide info below*)
- Watch Video (Behind the Message video 19 min)
- Discussion Questions
- Prayer Requests and Praises

**-Have someone read Ephesians 6:10-20.**

**-PLAY VIDEO (19min)**

### Ohana Group Study Questions

(Everyday Battles Week 4)

Shield Of Faith

#### QUICK REVIEW

1. In the message from this weekend, what Scripture or particular point encouraged you, challenged you or stood out to you most? Why? (*Or from the video*)
2. Why do you think Paul says, “**above all** take up the shield of faith”? Why would the shield of faith be the most important part of our spiritual armor?

#### DIGGING DEEPER

Read ***Ephesians 6:10-15***

3. What is faith? How is faith expressed in your daily life?

•Hebrews**11:1-3**(Amp): Now faith is the assurance (title deed, confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses]. <sup>2</sup>For by this [kind of] faith the <sup>[a]</sup>men of old gained [divine] approval.<sup>3</sup>By faith [that is, with an inherent trust and enduring confidence in the power, wisdom and goodness of God] we understand that the worlds (universe, ages) were framed *and* created [formed, put in order, and equipped for their intended purpose] by the word of God, so that what is seen was not made out of things which are visible.

4. How is the object of our faith different than that of our secular culture?

- Heb.13:7-9: <sup>7</sup> Remember those who led you, who spoke the word of God to you; and considering the <sup>[a]</sup>result of their conduct, imitate their faith. <sup>8</sup> Jesus Christ *is* the same yesterday and today and forever. <sup>9</sup> Do not be

carried away by varied and strange teachings; for it is good for the heart to be strengthened by grace, not by foods, through which those who [b]were so occupied were not benefited.

5. We live our lives in a spiritual battle. We will face hardship, opposition, deceit, temptations etc. What must be our focus in the midst of all of this? Jan pointed out in Scripture that our object of faith has to be on Jesus alone. How do you daily fix your eyes on Jesus? (Read out loud together Hebrews 12:1-2)

- 1Tim.4:6-10<sup>6</sup> In pointing out these things to the brethren, you will be a good servant of Christ Jesus, constantly nourished on the words of the faith and of the [b]sound doctrine which you have been following. <sup>7</sup> But [b]have nothing to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness; <sup>8</sup> for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. <sup>9</sup> It is a trustworthy statement deserving full acceptance. <sup>10</sup> For it is for this we labor and strive, because we have fixed our hope on the living God, who is the Savior of all men, especially of believers (those who have faith-my emphasis).”

## TAKING IT HOME

6. Go around and share what spiritual disciplines are currently strong in your live and what spiritual disciplines you want to see grow in your life? (Spiritual disciplines are those practices found in Scripture that promote spiritual growth among believers in the gospel of Jesus Christ. For example: Prayer, Bible reading, Scripture memory, Fasting, Devotions, Worship, etc.)
7. Just as muscle is strengthened through use, we must exercise our faith in order to grow. Is there certain areas of your life that are harder for you to trust God with? Or cultural pressures that make it hard for you to stand in faith? How might you strengthen your faith in those different areas? (prayer, sharing your faith, finances, relationships, work, health, the future etc.)

## PRAYER REQUESTS & PRAISES