

Everyday Battles Facilitator Guide Week 5 “Helmet of Salvation”

Suggested Format:

- Welcome/Fellowship
- Pray
- Brief Introduction to Series (*Feel free to use as much or as little of the Leader Guide & Discussion Guide info below*)
- Watch Video (Behind the Message video 17 min)
- Discussion Questions
- Prayer Requests and Praises

-Have someone read Ephesians 6:10-20.

-PLAY VIDEO (17min)

Ohana Group Study Questions

(Everyday Battles Week 5)

Helmet of Salvation

QUICK REVIEW

1. In the message from this weekend, what Scripture or particular point encouraged you, challenged you or stood out to you most? Why? (*Or from the video*)
2. How does discouragement affect you? What has been some of the most difficult discouragement for you personally in 2020?

DIGGING DEEPER

Read out loud together: **Romans 5:1-11**

3. From Romans 5:1-2. What three elements of salvation do you see in this text? (Hint: Ben's sermon)

•Romans 5:1,2 Therefore, having been **justified by faith**, [a]we have **peace with God** through our Lord Jesus Christ, ²through whom also we have obtained our introduction **by faith into this grace in which we stand**; and [b]**we exult in hope of the glory of God.**

•Justification was a legal term...You are declared righteous, “not guilty” You are made right. Simply by faith in what Christ has done for us..

•Presently we are at peace with God and we are no longer under judgment or controlled by the power of sin because of “this grace in which we stand”

•We have hope in the glorification unto heaven in the future. The hope of this future salvation is a key element of fixing our eyes on Jesus until we meet Him.

4. How might Romans 5:3-5 help us as we struggle with difficult circumstances and discouragement that come our way?

•And not only this, but [c]we also exult in our tribulations, knowing that tribulation brings about perseverance; ⁴ and perseverance, proven character; and proven character, hope; ⁵ and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

5. (Based on Romans 5:6-11) What is the basis for this “helmet of salvation” that Paul is writing about? Does it have anything to do with what we did? Is it possible to change the outcome?

•⁶ For while we were still helpless, at the right time **Christ died for the ungodly**. ⁷ For one will hardly die for a righteous man; [d]though perhaps for the good man someone would dare even to die. ⁸ **But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.** ⁹ Much more then, having now been **justified [e]by His blood**, we shall be saved from the wrath of God through Him. ¹⁰ For if **while we were enemies we were reconciled to God through the death of His Son**, much more, having been reconciled, we shall be saved [f]by His life. ¹¹ And not only this, [g]but we also exult in God through our Lord Jesus Christ, through whom we have now received the reconciliation.

TAKING IT HOME

6. How might the truths in Romans 5 help us to defeat discouragement and doubt?

7. Ben’s message pointed out 3 aspects to Salvation. Look at the 3 aspects below and then answer questions: How do each one of these bring you encouragement today? Which one brings you the most encouragement today and why?

i. Saved from the Penalty of Sin - **Justification** is a gift (it refers to a backward look)

ii. Saved from the Power of Sin - **Sanctification** is a process (refers to an inward look)

iii. Saved from the Presence of Sin - **Glorification** is a heavenly-experience (it refers to a forward look)

PRAYER REQUESTS & PRAISES