



WEEK 4 — SHIELD OF FAITH

*"In all circumstances take up the shield of faith,
with which you can extinguish all the flaming darts of the evil one..."*
Ephesians 6:16

The next piece of armor Paul lists is the shield of **faith**. The shield of **faith** is a very important piece of armor because it covers and protects us from the father of all lies, Satan. **How does the shield of faith protect us?**

- **It reminds us what is true about God.** What do we know to be true about God? Who is He and what has He done for us? (Exodus 34:6-7; John 3:16)

- **It reminds us what is true about ourselves.** What do we know to be true about ourselves? What does the Bible tell us about ourselves? (Romans 3:23; Galatians 3:26; 1 John 3:1)

- **It reminds us of the sacrifice and power of Jesus.** What has Jesus done for us? How is this good news for us? (Romans 5:1; 1 Peter 3:18)

Faith is the acknowledgement of who God is and who we are, admitting our need for Jesus, and putting our trust in Him alone. **Faith** is powerful, because **faith** gives us the greatest source of power we have against sin—Jesus.



The shield was not a small piece of armor. A typical shield was close to 4 feet tall and 2.5 feet wide, and was made of solid wood overlaid with sturdy material, like leather, to reinforce it. The purpose of the shield was to **protect** the outer parts of a soldier's body in battle.

CREATE YOUR OWN SHIELD

