

Lesson 3

Belt of Truth & The Breastplate of Righteousness

Ephesians 6:14

"Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place"

Today we are going to learn about two pieces of the Armor of God.



The Belt of Truth


The devil fights with lies, and sometimes his lies sound like truth; but believers have God's truth, which can defeat the devil's lies. We know God's truth is found in the Bible.



The Breastplate of Righteousness

God approves of us because we have trusted Jesus to save us and cleanse our hearts from sin. His approval, like body armor, protects our heart — our feelings and knowing we are loved by God.

Hidden Picture

Find the **5**  and **5**



hidden in the image below!

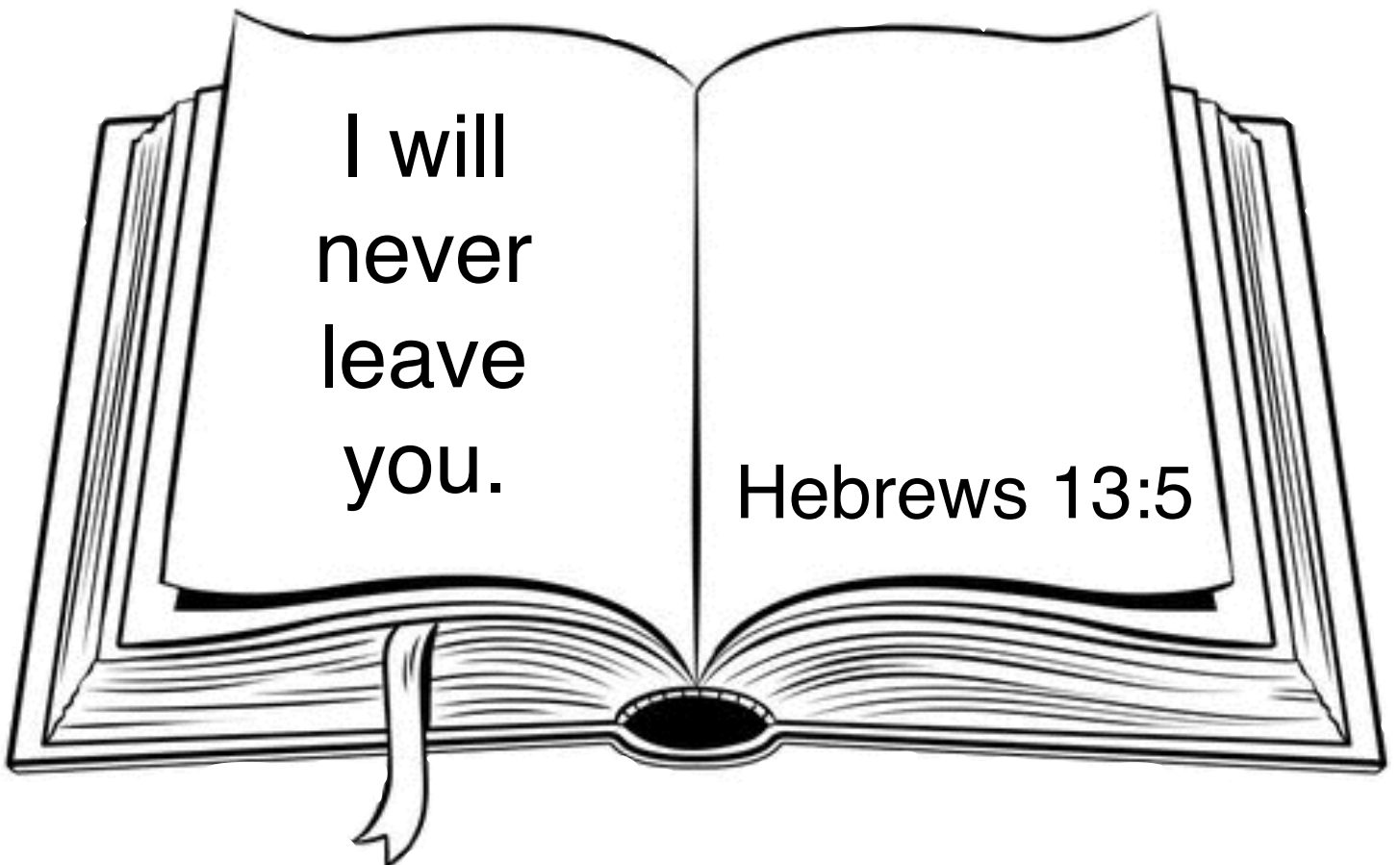




God
Loves
You

John 3:16

Read these true words from the Bible



I will
never
leave
you.

Hebrews 13:5

Family Time

Ask If we are to wear the Belt of Truth then is it important that we know God's truth? Where do we find the truth about God? (Bible)

Pray As a family pray that God would help you be intentional about reading the Bible together, each day if possible. Ask Him to show all the true things about Him and you in the Bible.

Practice Open up the Bible right now and read Romans 8:38-39. Ask yourselves this question, "Can anything separate from the love of God?"

Have fun making your own belt of truth.

